Making a disclosure is about getting the care and support you deserve.

You should disclose to **someone you feel safe with.** This may be a friend, family member, someone from ANU, or anyone you feel you can trust.

Some places to consider getting support from, or making a disclosure to, are:

Respectful Relationships Unit
respect@anu.edu.au
ANU Counselling
(02) 6178 0455
Dean of Students
(02) 6125 4184 - dean.students@anu.edu.au
Canberra Rape Crisis Centre
(02) 6247 2525
A teacher, tutor, Head of Hall or other trusted person.

If you need to talk, call
1800 RESPECT (1800 737 732) 24hrs

How do I disclose?

Making a disclosure doesn’t mean a perpetrator will be held to account. It’s about care and support.