Indigenous knowledge systems and wellness assessment: bringing in our connections with the land and waters
Alexandra and Malcolm King

Our Indigenous knowledge systems have been shaped by the territories on which our people have lived for generations. As such, conceptualizations of wellness are land- and water-specific, and therefore differ from community to community. So, wellness assessment will also differ. However, we should be able to identify commonalities that would allow for data harmonization/integration, albeit at a broader level. Indigenous wellness assessments need to bring in Indigenous values and concepts, along with Western ones, using a Two-eyed Seeing approach. Indigenous wellness assessments need to account for different conceptualizations of data sovereignty, related ethics, and the challenges of its operationalization. Some models will be considered in the presentation.

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